

# WANT TO HELP SAVE A LIFE? WE THOUGHT SO.

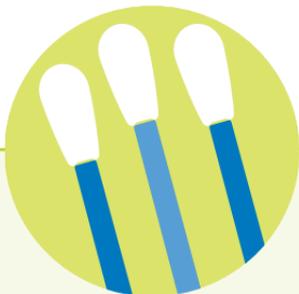
## EVERY THREE MINUTES SOMEONE IS DIAGNOSED WITH BLOOD CANCER

Thousands of patients with blood cancers like leukemia or other diseases like sickle cell anemia, need a marrow transplant to survive. Most patients don't have a fully matched donor in their family – and that's when they turn to Be The Match®.

**Patients and their families depend on Be The Match Registry® members who are committed to saving a life.**

If you are called as a potential match for a patient in need, this commitment also means that you're willing to take up to 20 – 30 hours spread over 4 – 6 weeks to:

- Attend an information session
- Attend appointments
- Donate



## READY TO **JOIN?**

- Confirm you're between the ages of 18 - 44
- Commit to donating to any patient in need
- Review the health guidelines and confirm you do not have any health issues listed

**Join in-person at a donor registry drive or online at [Join.BeTheMatch.org](https://www.bethematch.org)**

**If you are not ready to join at this time, that's okay.** There are many other ways you can help save a life — just ask us how or visit: [BeTheMatch.org/getinvolved](https://www.bethematch.org/getinvolved)

## KEEP IN MIND

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- **You are not donating for a patient today.** The cheek swab only adds your tissue type to the registry.
- Keep your contact information up-to-date in case you're a match.
- You'll be listed on the registry until you're 61, unless you request to be removed from future searches.
- **If you are called as a possible match, it's important that you respond quickly,** and are willing to give a blood sample for further match testing.

## DIVERSIFY THE REGISTRY

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Adding more members with diverse ethnic backgrounds to the registry increases the variety of tissue types available, helping more patients find the match they need.

## WAYS TO DONATE

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If you match a patient in need, there are two ways to donate. The patient's doctor chooses the donation method that is best for the patient.

**PBSC (peripheral blood stem cell) donation** is a non-surgical, outpatient procedure called apheresis. The donor receives a drug for 5 days prior to donation that increases the number of cells in the bloodstream. The cells are then collected during donation. Donors may experience head or muscle aches that disappear shortly after donation, and are typically back to their normal routine in 1 to 2 days.

**Marrow donation** is a surgical, outpatient procedure that takes place in a hospital operating room. While the donor is under anesthesia, doctors collect marrow from the back of their pelvic bone. After donation, donors may feel soreness in the lower back. Donors are typically back to their normal routine in 2 to 7 days.